

THE OFFICIAL PUBLICATION OF THE ROTARY CLUB OF TAGUM NORTH  
VOLUME 33 | NO. 13 | September 22, 2020

# GOLDEN ROTA NEWS



Tagum North  
**Rotary**  
Club





## EDITOR'S NOTE :

**ARNOLD M. NICOLAS, PHF +7**  
EDITOR-IN-CHIEF



Rotary Opens Opportunities: this rotary years theme aims to lead and live as an inspiration to humanities. We connect passionate people with diverse perspectives to exchange ideas, forge lifelong friendship, and above all, take action to change the world.

The ROTAnews of Rotary Club of Tagum North provides information and activities of the club. This is also one of our avenue to provide latest information to people of the different activities and information about Rotary.

Similarly, in the human society, civilization can evolve only if people with the right thought and right action pool in their resources together to move towards the right direction. When an engineer take care of the construction of the new cellphone tower, he needs the cooperation of the associate engineers, product suppliers, transporters, people in the vicinity of the tower and of course, his friends and family. Once again, we are talking about togetherness making a difference.

When people come together for the right purpose and under the right leadership, what results is sheer magic. Right values are necessary if togetherness or unity is to yield the right results.

### What Inside ?

- 1 Editorial
- 2 Program
- 3 Messages
- 6 President's Corner
- 7 Secretary's Corner
- 8 Treasure's Corner
- Activities
- Roster of Members
- The Rotary Foundation Donors
- Past presidents
- About Rotary
- Avenue of Service

Tagum North  
**Rotary**  
Club



### Club Profile

Date Chartered	December 9, 1988
Sponsor	Rotary Club of Tagum
Charter President	Seng Beng "Danny" Lee
Club No.	26110
Current No. of Members	33
Meets Every	Tuesday @ 7:00PM
Meeting Place	Miko's Brew, Apokon Road, Tagum City
Facebook Page	Rotary Club of Tagum North

## Editorial Board

Editor-in-Chief	PAG Arnold M. Nicolas
Associate Editor	Rtn. Norman Adlawan
Lay-Out Artist	John Quirante
Contributor's	Sec. Marlou P. Fulo Pres. Mae T. Dalisay

The Golden ROTAnews is the official weekly magazine of the Rotary Club of Tagum North. It is regularly distributed during clubs weekly meetings and posted in Rotary Club of Tagum North Fun page. Members are encouraged to compose and submit articles , stories, features, and digital photographs. Correspondence can be addressed by email to [amn\\_1309@yahoo.com](mailto:amn_1309@yahoo.com) on or before Friday of each week. The manuscript shall observe copyright laws. Excerpts shall recognize and the Golden ROTAnews as the original source.



### The Cover

The cover of the Golden ROTAnews, Features Eduardo Dinglasan, Jr., Executive Chef, Eduardo's Kitchen during the taping of Pink Tagum Veggie Cooking at Basilio's Place, Barangay San Miguel, Tagum City.

# EDITORIAL

More than 775 million people over the age of 15 are illiterate. That's 17 percent of the world's adult population.

Our goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy. We support education for all children and literacy for children and adults.

**Teachers Training :** We share our knowledge and experience with educators and other professionals who work with vulnerable populations.

**Adult Literacy :** Rotary members fight adult illiteracy by working with local advocates to offer community literacy programs.

**Mentoring Students:** Rotary club pairs students with celebrity and CEO mentors for success.

**Rotary Scholarships:** Rotary members invest in the future by giving scholarships to students who have the potential to change our communities.

**Educating Refugees:** A university president and Rotary club fight Boko Haram to bring education and food to refugees in Nigeria.

**Coaching Teachers:** Realizing that getting children into school isn't enough, Rotary shifts to mentoring and coaching teachers.

## Rotary Club of Tagum North

Council Member : Provincial Advisory Council Davao del Norte  
Provincial Police Office  
Council Member : Provincial Disaster Risk Reduction and  
Management Council of Davao del Norte  
Council Member : Local School Board – Tagum City  
Council Member : Pink Tagum

# Program

## ROTARY CLUB OF TAGUM NORTH 13th Regular Weekly Meeting September 22, 2020, 7:30PM

Call to Order	Pres. Mae T. Dalisay,PHF+5
Invocation	Audio Visual Presentation
National Anthem	Audio Visual Presentation
Rotary Hymn	Audio Visual Presentation
Object or Rotary & 4 Way Test	Audio Visual Presentation
Introduction of Guests & Rotarians	Rtn. Dexter C. Consolacion
Rotary Information	Rtn. Rommel B. Gomito,PHF
Treasurer's Time	PAG Arnold M. Nicolas,PHF+8
Secretary Time	Sec. Marluo P. Fulo,RFSM6
Presidents Time	Pres. Mae T. Dalisay, PHF+4
Adjournment	Pres. Mae T. Dalisay, PHF+4
Emcee	PN Revedor R. Pereyras,PHF+1

### Updates:

Water for Life  
Housing Project funded by RC Godeok  
Breast Cancer Awareness Program  
Tree Planting  
Mangrove Planting  
Membership Seminar

### Prayer :

*We are thankful for this day that you have given us, for its blessings, its opportunities, its challenges. May we appreciate and use each day that comes to us. We pray for strength and guidance for each day as it comes, for each day's duties, for each day's problems. May we be challenged to give our best always, and may we be assured of your presence with us. Amen.*





**HOLGER KNAACK**  
Rotary International President  
RY 2020-2021



**RODEL RIEZL SJ REYES**  
District Governor, District 3860  
RY 2020-2021



**CARY H. BEATISULA**  
District Executive Secretary  
RY 2020-2021



**NEAL M. ARARAO**  
Assistant Governor, Area 2D  
RY 2020-2021



**MAE T. DALISAY**  
President 2020-2021



**ANDRES P. GENTUGAYA**  
President Elect



**REVEDOR R. PEREYRAS**  
President Nominee



**PAG GLENN A. PONO**  
Vice President



**MARLOU P. FULO**  
Secretary



**PAG ARNOLD M. NICOLAS**  
Treasurer



**DEXTER C. CONSOLACION**  
Auditor



**NORMAN J. ADLAWAN**  
Sgt. At Arms



**PP CHARLES ALDWIN M. CARPIO**  
Membership



**PP DARWIN B. RAVELO**  
Club Administration



**JESS M. OSORIO**  
Service Project



**PP RONALD S. BORDIOS**  
Public Image



**PP RAMEL A. LINTUAN**  
The Rotary Foundation



**MICHAEL BRYAN A. BRIONES**  
The New Generation



**KEVIN ANH**  
International Service



**IPP RENIE P. SISCON**  
IPP



**PP SALVADOR MICHAEL B. MALBOG**  
Protocol Officer



**PAG JOSE ALVIC P. SUAYBAGUIO**  
Club Adviser





**HOLGER KNAACK**

President 2020-2021

**September 2020**

Rotary youth exchange — one of the many programs for youths and young adults that we celebrate this month — was my path into true engagement in Rotary. My wife, Susanne, and I began hosting exchange students soon after I joined, and the experience helped me go from simply being a member of my Rotary club to being a true Rotarian. Now Rotary Youth Exchange is a family tradition, and a strong one: Over the past 24 years, we have hosted 43 students!

From the start, we loved it so much that, in addition to hosting students in our home, we became involved with the program by helping to organize student summer camps. During one such camp, I met Christine Lichtin, who was a German high school student at the time and whose father is a past president of my Rotary club. To try something new during this year of embracing change, I am turning this space, normally reserved for the president of Rotary, over to Christine so she can share her story.

My first contact with Rotaract was about 13 years ago, when I was with Susanne and Holger at a barbecue for the summer youth camp. Holger turned to me and said: "Why don't you visit a Rotaract club? You'll meet a lot of great young people who come together to have fun and to make a difference."

A few years later, when I was at Trier University, his words came back to me and I decided to give it a try. That was more than eight years ago, and I'm still at it. Once you are in Rotaract, you just don't want to get out. Rotaract has accompanied me everywhere, starting with the Trier club and then on to a club in Bologna, Italy, during the year I studied there. When I was in Kiel for my master's degree, I got involved with Rotaract there before landing at the Rotaract Club of Hamburg-Alstertal as I began my career. Each of those clubs has its own identity and focus, but all have the same intrinsic motivation.

I am now taking on a senior advisory role in my Rotaract club, which I really enjoy. I carry Rotaract in my heart, and it shapes my values, even as my interests evolve. One day, as if she had sensed this evolution, Susanne knocked on my door, wanting to introduce me to a young, modern Rotary club located between Hamburg and Mölln, my hometown. The E-Club of Hamburg-Connect, which Susanne helped charter, holds e-meetings, all of them very relaxed and personal. With members of different ages, everything just seemed to fit, so I thought, why not try it out? After all, time is precious and should be filled with fun whenever possible; the rest happens by itself.

Now I am in both worlds — a proud member of Rotaract and a Rotarian. And my small personal goal is to build a bridge between these two parallel worlds. All of us have very similar reasons for being part of the Rotary family.

It took some persistence to persuade Christine to become a member of Rotary, but it was well worth the effort. It is our duty to put in this kind of effort with youth program participants and Rotaractors so we can keep them in the family of Rotary. I hope you were inspired by her story. It's up to each of us to ensure that more young people like Christine can experience the many ways Rotary Opens Opportunities for us and for the people we serve.

## Trustee Chair's Message

In late 1914, Europe was divided by hundreds of miles of trenches. British and French forces on one side were within shouting distance of German troops on the other. The pope made a plea for a Christmas truce, but the shooting continued.

Then, on Christmas Eve, soldiers from behind British lines heard an unexpected sound — not gunfire, but singing. Next, they heard a single voice shout out, "English soldier, merry Christmas!" followed by "English soldier, come out to join us!"

Both sides cautiously emerged over the parapet into the no man's land between the trenches. Before long, the soldiers realized that it was a real truce. They fraternized, singing Christmas carols, exchanging souvenirs and whiskey, and even taking up a friendly soccer match.

The cease-fire continued only two days before the troops returned to their trenches, resuming bloodshed for nearly four long years. But the story of the Christmas truce reminds us that peace is possible, if we choose to accept it. If peace can last a few days, could it not also last months or years? And how do we prevent conflict in the first place?

In his Nobel Peace Prize lecture in 1964, American civil rights leader Martin Luther King Jr. said, "We must concentrate not merely on the negative expulsion of war, but on the positive affirmation of peace."

With Positive Peace, our society's structures, policies, and everyday attitudes and actions promote justice at all levels, sustaining a peaceful coexistence. It's an answer to the calls for justice and peace we have heard on the streets in protests from Minneapolis to Paris this year.

Positive Peace, studied at our Rotary Peace Centers around the world, is not just an academic idea for the Rotary Peace Fellows. Through Rotary's partnership with the Institute for Economics and Peace, the Rotary Positive Peace Academy offers free training to every Rotary member on how to wage Positive Peace in every project we do at the grassroots level, including Foundation grants.

Positive Peace resonates at all levels of The Rotary Foundation. Our literacy projects help children gain equal access to literacy, so opposing sides on an issue can understand each other better. Through our Foundation grants that provide clean water, communities gain stability, as more children stay in school rather than fetching water for hours on end.

Our role as civil society leaders who wage Positive Peace will continue to expand, not only through partnerships and more grants, but also through our hearts, minds, and hands as we offer our gifts to make the world a better place.



**K.R. Ravindran**  
Trustee Chair 2020-21

September 2020



## President's Corner



**MAE T. DALISAY, PHF+5**  
Transforming President

Happy Tuesday to Everyone!

We started the week with the opening of the five packages that our Rotarian Sister Club, the Rotary Club of Godeok, District 3620 of the Republic of Korea sent to our Club. It contained brand new shoes, taekwondo uniforms, clothes and medicines which we will share to the IP's the Ata-Manobo Tribes in Municipalities of Talaingod and Sitio Talos, Sto. Tomas sometime in October, 2020.

I am looking forward to the Committee on Project Service, under the Chairmanship of Rotarian Jess M. Osorio, will be able to join me, AG Neal M. Ararao, PAG Arnold M. Nicolas, and International Service Project Director Kevin Ahn on the said event in October.

PAG Arnold M. Nicolas and I also joined the members of the Council for the PINK ENCOUNTERS last September 18, 2020 at Basilio's Events Place for the video recording of the Veggie Cooking which featured Executive Chef Eduardo Dinglasan, Jr.. We were able to taste first-hand the sumptuous meals that he prepared during the Video Recording.

The month of September is also Rotary's Membership Month. Hence, District 3860 conducted a Membership Seminar by Virtual ZOOM Meeting joined by all the key officers of the District last September 19, 2020 which started at 1:00 p.m.. I thank PAG Arnold M. Nicolas, Director for Membership Charles Aldwin M. Carpio, IPP Renie P. Siscon and Rtn. Dexter C. Consolacion for joining me in the said Seminar.

Life indeed goes on for all of us Rotarians. Amidst this Pandemic, we continue to conduct our meetings through Virtual mode. And we continue to give Service to our community, while abiding by the restrictions set by our Government and Health Officials.

May God bless us always and keep us safe, so we could continue to do service to others!

## Secretary's Corner

### Regular Weekly Meeting Attendance Report

September, 2020	Dates				
	03	08	15	22	29
Member Actually Present	09	06	05		
Member with valid make-up	10	12	11		
Member Size (Excluding Honorary members)	04	04	04		
Rule 85	02	02	02		
Net membership Base	33	33	33		
Tota Attendance divided by net membership	63.63%	60.60%	54.54%		



**Marlou P. Fulo**  
Transforming Secretary

#### Attendance: September 8, 2020

AG Neal M. Ararao  
Rtn. Dexter C. Consolacion  
Pres. Mae T. Dalisay  
PP Tony I. Inguillo  
PAG Arnold M. Nicolas  
IPP Renie P. Sison

#### Visiting Guests :

Spouse Gina Sison

#### Prospective Rotarians :

**Mervin Jay Suaybaguio** Provincial Information Officer  
Davao del Norte  
Sponsor Pres. Mae T. Dalisay

**Eduardo Dinglasan, Jr.** Executive Chef  
Eduardo's Kitchen  
Sponsor PAG Arnold M. Nicolas

### Make-up

**TELERADYO Guesting, CIO Studio,  
September 16, 2020**  
RYLA Chair Arnold M. Nicolas

#### Unboxing Package, September 17, 2020

Rtn. Kevin Ahn  
Pres. Mae T. Dalisay  
RYLA Chair Arnold M. Nicolas

#### Cooking Demo, September 18, 2020 at Basilio's

Pres. Mae T. Dalisay  
RYLA Chair Arnold M. Nicolas

#### District Membership Seminar, Sep- tember 19, 2020

Membership Chair , PP Charles  
Aldwin M. Carpio  
Rtn. Dexter C. Consolacion  
Pres. Mae T. Dalisay  
RYLA Chair Arnold M. Nicolas  
IPP Renie P. Sison



**Rotary**



**Rotary Opens  
Opportunities**



**I RUN TO HELP END POLIO....**  
*A one month virtual run for the Rotarians of District 3860....*

Categories: 50 kilometers  
30 kilometers  
20 kilometers  
10 kilometers



Run from the comforts of your own roads, in your own time and pace. Join fellow Rotarians in one common goal and discover a new passion!



#### Mechanics:

- a. Rotarian's integrity and honesty shall be called to task.
- b. Registration shall start on September 25, 2020 and will end on October 20, 2020 @ P300.00.
- b. The Virtual Race's gun start shall be 6:00 o'clock in the morning of October 24, 2020 and shall end midnight of November 24, 2020;
- c. Running Shirt - End Polio Shirt (so no additional cost)
- d. Run should be recorded via any GPS linked gadget;
- e. Screen shot of the run and the map of the run shall be sent through the secretariat which shall record the runs accomplished.
- f. Entitlements: medal and certificate
- g. Proceeds of the run shall be credited to the polio fund of the club based on the number of participants.





## **Treasurer's Corner**



PAG Arnold M. Nicolas, PHF+8  
Treasurer

### ***Congratulations to the following Rotarians Pay in Full Annual Club Dues***

Rtn. Borg Baldonado  
PP Charles Aldwin M. Carpio  
Pres. Mae T. Dalisay  
PE Andy P. Gentugaya  
Rtn. Rommel Gomito  
PP Ramel A. Lintuan  
Albert L. Ng, Sr.  
PAG Arnold M. Nicolas  
PP Darwin B. Ravelo  
PAG Jose Alvic P. Suaybaguio

### ***Congratulations to the following Rotarians Pay in Full Semi Annual Club Dues***

Rtn. Irvin Dick C. Emia  
Rtn. Philip S. Villanueva

### ***The Rotary Foundation Goals as of September 15, 2020***

	<b><i>Goals</i></b>	<b><i>Actual</i></b>	<b><i>Percentage</i></b>
<b>Annual Fund</b>	\$ 3,200.00	\$ 3,700.00	116%
<b>Polio Fund</b>	\$ 1,500.00	\$ 1,800.00	120%

## The Rotary Foundation Donors Rotary Year 2020-21 as of September 22, 2020

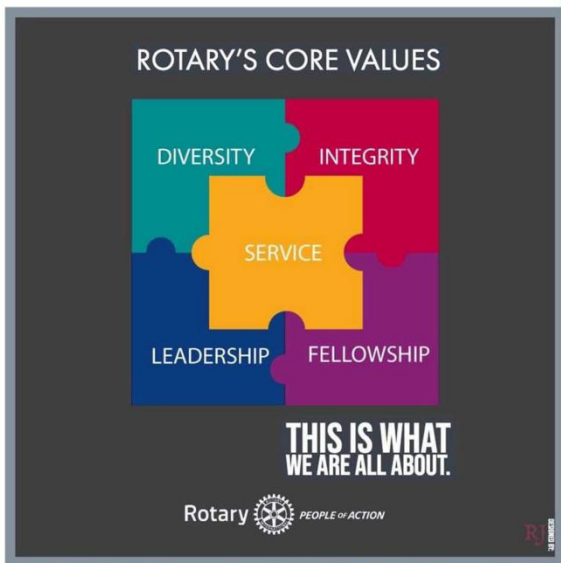
### *Congratulations The Rotary Foundation Donors Early Bird.*

Name	Amount	New Status
PP Darwin B. Ravelo	\$ 1,000.00	Paul Harris Fellow+7
PP Ramil A. Lintuan	1,000.00	Paul Harris Fellow+4
Rtn. Rommel Gomito	1,000.00	New Paul Harris Fellow
PAG Arnold M. Nicolas	500.00	Paul Harris Fellow+8
Pres. Mae T. Dalisay	500.00	Paul Harris Fellow+5
PP Charles Aldwin M. Carpio	300.00	Paul Harris Fellow+3
AG Neal M. Ararao	300.00	Paul Harris Fellow+2
PAG Jose Alvic P. Suaybaguio	200.00	continuing PHF+3
PP Ronald S. Bordios	100.00	continuing PHF+1
IPP Renie P. Sison	100.00	continuing PHF+1
PE Andy P. Gentugaya	100.00	continuing PHF+1
Jess M. Osorio	100.00	RFSM6
Total Donations	\$ 5,200.00	

### *Congratulations!!!*

PAG Arnold M. Nicolas	Rotarian	Paul Harris Fellow + 8
PP Darwin B. Ravelo	Rotarian	Paul Harris Fellow + 7
Pres. Mae T. Dalisay	Rotarian	Paul Harris Fellow + 5
PP Ramil A. Lintuan	Rotarian	Paul Harris Fellow+4
PP Charles Aldwin M. Carpio	Rotarian	Paul Harris Fellow+3
AG Neal M. Ararao	Rotarian	Paul Harris Fellow+2
Rtn. Rommel B. Gomito	Rotarian	New Paul Harris Fellow
Marissa Gomito	Spouse	New Paul Harris Fellow
Ramel Brandon C. Lintuan	Rotaractor	New Paul Harris Fellow
Precious Shannel D. Ravelo	Rotakids	New Paul Harris Fellow





### Five Avenues of Service

For years, Rotary's commitment to Service Above Self has been channeled through the five Avenues of Service, which form the foundation of club activity. To get started on a project, think broadly about how your club and its members could contribute within each avenue.

#### Club Service

Club Service focuses on strengthening fellowship and ensuring the smooth functioning of Rotary clubs. Learn about effective club service in Membership and Training.



#### Vocational Service

Vocational Service involves club members serving others through their professions and aspiring to high ethical standards. Rotarians, as business leaders, share skills and expertise through their vocations, and they inspire others in the process.



#### Community Service

Community Service is the opportunity Rotary clubs have to implement club projects and activities that improve life in the local community.



#### International Service

International Service encompasses efforts to expand Rotary's humanitarian reach around the world and to promote world understanding and peace. It includes everything from contributing to PolioPlus to helping Rotary Youth Exchange students adjust to their host countries.



#### New Generations Service

The Avenue of New Generations recognizes the positive change implemented by youth and young adults involved in leadership development activities, community and international service projects, and exchange programs that enrich and foster world peace and cultural understanding.



# Announcement

## ROTARY Family



Rtn. Ervin Dick C. Emia 01  
 IPP Renie P. Siscon 03  
 Rtn. Excelses Deo Baldonado 17



PP Darwin & Spouse Elma Ravelo 26  
 PP Charles Aldwin & Spouse Odessa Carpio 30

## Organizer

### September 2020

- 01 Tagum City Local School Board Special Meeting, City Mayor's Office
- 03 Kapihan sa DavNor TV Guesting, 10am, PTV 48
- 03 Committee Mtg. wt PIA, BIDA Project at Robinsons Place Tagum,
- 03 10th Regular Weekly Meeting, IPP Renie Siscon Residence (Face to Face)
- 04 Pre-Event Promotion, 2:00-4:00PM, City Information Studio
- 08 11th Regular Weekly Meeting (Virtual Meeting)
- 11 Recording of Health and Benefits for Breast Cancer @ PCSO & Philhealth
- 12 Mangrove Planting @ Panabo City
- 15 Pink Tagum Pre Event Radio Guesting, Tagumpay Radio, 10am
- 15 12th Regular Weekly Meeting (Virtual Meeting)
- 18 Recording on Veggie Cooking, 9-12NN, Eduardo's Kitchen
- 19 Membership Seminar, 1PM via Zoom
- 22 13th Regular Weekly Meeting (Virtual Meeting)
- 25 Deadline Submission of Video Making Contest
- 26 Tree Planting @ Nabunturan, Davao de Oro
- 28 Judging of Video Making Contest, CYD Conference Room
- 29 14th Regular Weekly Meeting & 4th Regular Monthly Board Meeting (Face to Face)

### October 2020

- 01 Pink Encounters, 12:30NN, 4th Floor, New City Hall
- 06 15th Regular Weekly Meeting, F2F
- 08 Journey of Hope, 8:30-10:30pm, 4th Floor AVR
- 08 Dibdibang Usapan/ Consultation on Air, 2PM-4PM, Love TV, New City Hall
- 13 16th Regular Weekly Meeting (Virtual Meeting)
- 17 District Public Image Seminar
- 20 17th Regular Weekly Meeting (Virtual Meeting)
- 22 Virtual Pink Cooking Demo, 2:00pm, 4th Floor AVR
- 22 Virtual Pink N Fit Zumba, 4:30pm, 4th Floor AVR
- 24 World Polio Day
- 24 I Run To Help End Polio "Virtual Race" October 24-November 24, 2020
- 27 18th Regular Weekly Meeting and 4th Regular Monthly Board Meeting

# One Day. One Focus: Ending Polio 24 October

Be a Part of History

## Donate Your Time

Ending a disease is a massive effort and Rotary and our partners can't do it alone. Learn how you can join us in our efforts to end polio.

## Donate Your Funds

We're closer than ever to eradicating polio but we're not done yet. We still need funds to continue immunizations and surveillance efforts. Your gift will get us closer to the finish line.

## Donate Your Voice

We need your voice to help us end polio now. Get involved and spread the message so that we can end the second human disease in history.



## The Rotarian Conversation: Vivek Murthy



### **Loneliness — the absence of human connection — is twice as prevalent as diabetes in the United States. A former surgeon general tells us what we can do about it**

Vivek Murthy grew up helping out in his parents' medical practice, filing charts and cleaning the office as he watched the way they built connections with their patients by taking the time to listen to what they had to say.

When he became America's top doctor — the 19th U.S. surgeon general, a position he held from 2014 to 2017 — he went on a listening tour himself. Some of the problems people told him about were things he anticipated: opioids and obesity, diabetes and heart disease. He also talked to Elmo of Sesame Street about vaccines and called for addiction to be recognized as the health problem it is rather than a moral failing.

But one unexpected topic became a recurring theme: loneliness, which “ran like a dark thread through many of the more obvious issues that people brought to my attention,” Murthy writes in his new book, *Together: The Healing Power of Human Connection in a Sometimes Lonely World*.

A 2018 Kaiser Family Foundation report found that 22 percent of American adults say they often or always feel lonely — that's 55 million people, twice the number that are diagnosed with diabetes. Australia pegs its problems with loneliness at around 25 percent of its adult population. The United Kingdom has a similar figure. And other countries in Europe and Asia are struggling with double-digit percentages. “My guess is that most of these survey numbers are underestimated, because most people still don't feel comfortable admitting that they are lonely — whether that's to an anonymous person administering a survey or even to themselves,” Murthy said in an interview with *The Rotarian*.

Before becoming one of the country's youngest surgeons general at age 37, overseeing 6,600 public health officers in more than 800 locations, Murthy partnered with Rotary clubs and other service organizations in India to set up community events for an HIV/AIDS education program that he co-founded with his sister, Rashmi. He also co-founded the nonprofit Doctors for America and the software technology company TrialNetworks.

Murthy spoke with senior staff writer Diana Schoberg by phone in April from Miami, where he was staying during the COVID-19 pandemic.

THE ROTARIAN: Hypothetically speaking, is a Tibetan monk in seclusion lonely?

**VIVEK MURTHY:** Loneliness is a subjective state — it's not determined by the number of people around you, but by how you feel about the connections in your life. People who are surrounded by hundreds of others, whether they are students on a college campus or workers in a busy office, may be lonely if they don't feel those are people with whom they can fully be themselves. Others who may have only a few people around them may not feel lonely at all if they feel good about those relationships and good about themselves.

For a monk to exist in complete isolation and not feel lonely, he would have developed a very deep spiritual practice and built a strong connection to God and the divine.

"Service shifts our attention from ourselves to other people."

**TR:** In your book, you describe someone who found his purpose and connection in the military. How can we find that sort of team environment?

**MURTHY:** People who have served in the Peace Corps together can often experience similar bonds. People also have that deep shared experience in times of natural disasters — not just the shared pain and trauma of a disaster, but also the shared joy and inspiration of the response to that trauma. People who have been a part of an organization where they have a deep sense of mission and where they've sacrificed together for the cause can also experience the bond.

How do we create more opportunities for experiences like that? Part of that has to do with how we prioritize social connections as we get older. To many people, it seems almost like an indulgence to prioritize their relationships. They have responsibilities to their families, their kids, and their work, and it's a question of where relationships fit in.

**TR:** What role can Rotary play?

**MURTHY:** What is powerful about organizations like Rotary is that they are rooted in service. Service shifts our attention from ourselves, where it increasingly is focused when we feel lonely, to other people and in the context of a positive interaction. Service reaffirms that we have value to add to the world. One of the consequences of loneliness when it's long-lasting is that it can chip away at our self-esteem and lead us to start believing that the reason we're lonely is that we're somehow not likable. Service short-circuits that.

Right now, people want to help. What they don't know is where to go to actually do something meaningful. Organizations can provide those opportunities. That can be extraordinarily powerful. When I started doing community work, one of the principles I was taught is that people come to the table for the mission, but they stay at the table for the people. It's hard to sustain even the worthiest mission without building a strong sense of connection between the people who are participating.

**TR:** What can we build into our clubs to foster that sense of belonging?

**MURTHY:** Shared experience, shared mission, and the opportunity to understand each other more deeply create deeper connections. We've touched a little bit on the shared experience and shared mission part. But the opportunity to understand each other more deeply is something you can facilitate with a little bit of structure.

When I was the surgeon general, we did an exercise called "Inside Scoop." That turned out to be far more effective than the happy hours and group picnics that we had been doing before. At each weekly staff meeting, one person would show pictures to share something about their lives. It was so useful because it didn't take much time at all — five minutes during a meeting. But it created an atmosphere where it was OK to share and it was OK to bring some part of yourself that was not work-related to the table. And that ended up being the key to helping people understand each other and learn about each other.

**TR:** How can technology help us connect in a healthy way?

**MURTHY:** Despite all of the tools we have for staying in touch with each other, technology is a double-edged sword. Just as it can be used for strengthening our connections, it can contribute to their deterioration.



When you use technology to strengthen social connections, it can happen in a few ways. For example, you can connect with people you might otherwise not be able to connect with. When I was younger, the only affordable way we had to connect with my grandparents or cousins in India was to write them a letter, which took two weeks to get there, and a response would take two weeks to come back. Now, we can talk much more frequently because we can videoconference with them at next to no charge. That is a great example of how to use technology for the better.

Another example would be when we use online platforms as a bridge to offline connections. So if I'm coming to Milwaukee for a talk, I can post that on Facebook. And if that helps my friends get in touch with me and meet up, that's a great way to facilitate in-person connection.

"Loneliness is a natural signal that our body gives us when we're lacking something that we need for survival."

TR: Is there anything we're learning because of COVID-19 about communication that will help us as we go back to being in-person communicators?

**MURTHY:** For many of us, the absence of physical contact with other people has made it all the more clear how essential in-person interaction is. And how there really isn't a full substitute for it. We can get close with things like videoconferencing, but it's just not the same.

Also, it's become more apparent that it's not just your family and friends that make a difference as to how connected you feel; it's the interactions that you have with neighbors and community members and strangers. There's something powerful in receiving a smile from someone. Those moments have a significant effect on lifting our mood.

TR: Is loneliness something that can be diagnosed? Is it medically recognized?

**MURTHY:** Loneliness can be assessed; the UCLA Loneliness Scale is one example. But it's not the kind of condition that we currently would diagnose as an illness, per se. Loneliness is a universal condition that people experience for varying periods in their life. It's a natural signal that our body gives us when we're lacking something that we need for survival, which is social connection. In that sense, it's very similar to hunger or thirst. Our social connections are just as vital to our survival as food or water. If we feel lonely in the absence of adequate social connections for a short time, we can use that signal to reach out and spend more time with a friend. But when loneliness lasts a long time, we start to run into trouble with it affecting our mood and having a long-term effect on our physical health.

Doctors and nurses should be aware of loneliness, because it's likely present in the lives of many of the patients that they care for and likely having an impact on the health outcomes that they're trying to address. But we should be cautious about making people think that loneliness is an illness. There is already a fair amount of stigma about loneliness that makes people feel that if they're lonely, they're socially deficient in some way. Not everyone who is lonely is broken. Nor do we need a new medication or medical device to solve the problem of loneliness. I think what we need is to re-center ourselves and refocus our lives on relationships.

TR: Because of the coronavirus, people are staying home for the good of all people — not necessarily for themselves, but so they don't pass the virus to vulnerable populations. Why doesn't that message translate for vaccines?

**MURTHY:** It's a fascinating and disturbing phenomenon. There were times when people were more accepting of the need to vaccinate in order to protect not only their own kids, but also other kids. What has happened over time is that misinformation has proliferated. Some of it has been based on erroneous studies. Some of it has capitalized on fears that parents had about their children developing conditions like autism around the same time they were getting vaccines, even though the two aren't related. It is emotionally charged — we're talking about people's children here.

When a threat is new, people tend to come together because there is an immediate danger and they've got to figure out how to save themselves. But the longer that threat continues, the more likely you are to get misinformation, especially if the effort to contain the threat is painful. And in the case of COVID-19, it is painful.

While the response to COVID-19 and the resistance to vaccines feel very different, there are similar risks. All of us want this to end as quickly as possible, and if a source that we trust starts to tell us that this is a hoax or there's an easy way out, some people are going to believe that. Not because they're bad people or uneducated, but because in the face of continued pain, all of our minds will look for a way out.

**MURTHY:** We have to understand what's driving people's concerns. Is it because of a personal experience? Is it because someone that they trust had a bad experience? One of the worst ways you can deal with misinformation is to shut other people down and to make them feel that they're ill-informed or that you don't respect them.

The second thing that's important is to be vulnerable and open to sharing your own story. If you have a child and struggled with a similar decision, or if you felt the pain of seeing your child being poked with a needle, it's important to share that. It's easier for two people who share a human experience to talk about a complicated issue than for two strangers to do that.

Beyond vaccines, I'm thinking about political polarization in our country and in the world. We have lost so much of the power of our connection with each other. We've allowed our relationships to be edged out and deprioritized — not just with family and friends, but also with our neighbors and community members. As a result, it's become harder for us to talk about difficult issues like health care, climate change, or any number of big issues that we're facing as a society. If we can't engage in healthy dialogue, we can't solve big problems.

- Rotary Action Groups connect Rotary members and friends who want to work together toward a shared mission such as water or the environment. Find out more at [rotary.org/actiongroups](https://rotary.org/actiongroups).

- Illustration by Viktor Miller Gausa

- This story originally appeared in the August 2020 issue of The Rotarian magazine.

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- Illustration by Viktor Miller Gausa

- This story originally appeared in the August 2020 issue of The Rotarian magazine.



## Unboxing RC Godeok Package, Ahn Residence



## Recording on Veggie Cooking, Basilio's





# Pink Tagum Pre Event Radio Guesting, Tagumpay Radio



**PINK TAGUM 2020**  
TAGUMPAY RADIO



**TAGUMPAY RADIO**  
TAGUMPAY RADIO



**MS. ALICIA CALIBUSO JANOLINO**  
TAGUMPAY RADIO



**ARNOLD C. NICOLAS**  
ADVOCATE ROTARY OF NORTH  
TAGUMPAY RADIO



**TAGUMPAY RADIO**  
TAGUMPAY RADIO





## RECRUITING NEW MEMBERS IN THE VIRTUAL WORLD

Rotary 

### WHERE DO MEMBERSHIP LEADS COME FROM?



Prospective members



Relocating or returning members



Member referrals

Rotary 

### ONLINE RECRUITMENT TOOLS – ROTARY LEARNING CENTER

**Connect with Prospective Members**

- Engaging younger professionals
- Strategies for attracting new members
- Finding new club members
- Creating a positive experience for prospective members


**Follow your Membership Candidates**

- Managing MEMBERSHIP LEADS

Rotary 

### RECRUITMENT STRATEGIES IN THE VIRTUAL WORLD


- Discuss with your current members possible recruitment options and strategies under the new normal.
- Revise your strategic plans and programs in order to adjust to the current and perceived future situation.
- Identify possible recruits from your community and various organizations, partners in service or institutions which may share similar or related interests with Rotary
- Invite potential members to your regular online meetings or schedule a special meeting

Rotary 

### WHAT IS A VIRTUAL WORLD ?


“A virtual world is a computer-based online community environment that is designed and shared by individuals so that they can interact in a custom-built, simulated world.”



Rotary 


### RECRUITMENT TARGETS

- Younger Generation
- Identify persons involved in online businesses or employment
- Persons with busy schedules
- Persons who travel frequently
- Persons whose movements are limited by the current pandemic
- Persons with health issues which have prevented them from joining in the past
- Former members who may have moved to other locations

Rotary 

### DISADVANTAGES


- Reliability and Availability of Internet / WiFi Connection
- Cost and availability of Online APPS
- Cost and availability of gadgets and equipments
- Ability of the older generations to adopt and adjust
- Limited human interpersonal interactions
- Online distractions


Rotary 

### THE KEY IS FLEXIBILITY AND THE ABILITY TO INNOVATE AND ADAPT


The 2016 Council on Legislation voted overwhelmingly to eliminate limitations on how Rotary clubs conduct their meetings.

- Determine the best day and time for their meetings
- Change or cancel a meeting, if the need arises
- Count service projects or social events as meetings
- Choose whether to gather in person, meet online, alternate between online and in-person meetings, or even use both formats at the same time (for example, a member could participate in an in-person meeting online through video chat)
- Amend their bylaws to either relax or lighten attendance requirements and policies of terminating members for poor attendance

Rotary 



**Grow Rotary**  
**Diversity, Equity and Inclusion**  
 RI Director-Elect Jessie Harman

Rotary 

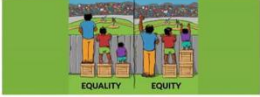
## DIVERSITY

- Representation
  - Encouraging and respecting differences
  - 'A seat at the table'
- Are our members representative of our community?*



## EQUITY

- Providing fair treatment, access, opportunity and advancement
- 'A voice at the table'
- *What are the barriers to joining and staying in the club?*



## INCLUSION

- Experiencing a sense of belonging and feeling valued
- Inclusion makes diversity work
- 'Being heard at the table'
- *Does every member feel like they belong?*




**RI Diversity Equity and Inclusion Statement**

As a global network that strives to build a world where people unite and take action to create lasting change, Rotary values diversity and celebrates the contributions of people of all backgrounds, regardless of their age, ethnicity, race, colour, abilities, religion, socioeconomic status, culture, sex, sexual orientation, and gender identity.

Rotary will cultivate a diverse, equitable, and inclusive culture in which people from underrepresented groups have greater opportunities to participate as members and leaders.

## WHY IS DEI IMPORTANT?

- Enhanced creativity
- Better and more productive communications
- Faster problem solving
- Enhanced services to our members and beneficiaries
- A modern Rotary



Rotary  District 3860 

### INSPIRATIONAL MESSAGE



**JESSIE HARMAN**  
 Rotary International Director-elect  
 Zone 8  
 Rotary Club of Wendouree Breakfast  
 District 9780

Rotary **Engagement is . . .**  
**Engagement is Putting your Members to Work!**

ROTARIAN AT WORK TOGETHER, WE SAVE LIVES

Rotary **PEOPLE OF ACTION**

Your Best Year Ever

Rotary **Engagement is . . .**

Maslow's Hierarchy of Needs

Self-actualization  
 Esteem  
 Love/Belonging  
 Safety  
 Physiological

Your Best Year Ever

Rotary **Engagement is . . .**

**Knowing Your Members:**

- What is their family life?
- What is their vocation?
- What are their passions?
- What do they do for fun?
- Common interests? Shared experiences?
- **Why are they interested in Rotary?**

Your Best Year Ever

Rotary **Engagement ?**

Membership Trends

Year	Membership
2016-17	1.2m
2017-18	1.2m
2018-19	1.19m
2019-20	1.19m
2020-21	1.17m

July 1

Your Best Year Ever

Rotary **Rotary Opens Opportunities**

PDG Ernesto "Ernie" Y. Choa  
 Past Rotary Coordinator, RI Zone 7A  
 Rotary Club of Bagumbayan-Manila

Your Best Year Ever

Rotary **Engagement ?**

WHAT WE KNOW ABOUT MEMBERSHIP

- We get a lot of members – but lose more!
- Retention is key to growth
- **Engagement is critical to retention**

Your Best Year Ever

Think about it . . .

- If our Rotary Club cannot retain its present members, how then will it be able to retain the new members that it attracts?
- Also if no one wants to stay, then no one will want to join

**The Membership Drive**

Rotary

Rotary **Membership**

Proposing New Members

A value proposition is a promise of **value to be delivered** and a belief from the recipient **that value will be experienced.**

Your Best Year Ever

Rotary **Membership**

**Membership**

We are a membership organization. And if we want to be able to serve, if we want to succeed in our goals, we have to take care of our members.

—PRIP Barry Rassin

Your Best Year Ever



# SATELITE AND ROTARACT CLUB



DGN GINA "GS" SY  
District 3820



## HOW DO YOU START A SATELLITE CLUB?

Starting a satellite club begins at the club level, but the process can vary depending on the club and its circumstances. Unlike starting a standalone Rotary club, the process does not require approval from the district governor.

**Satellite Clubs** provide another option for creating Rotary clubs. It functions as a short-term, transitional step on the way to becoming a full, independent Rotary club without meeting the requirement of having at least 20 persons to organize a separate Rotary club



## WHAT IS A SATELLITE CLUB?



- Minimum of 8 members
- Different meeting times/days
- RI dues are paid through sponsor club
- Different club direction and projects
- Separate boards - Chair instead of Club President



Below are the notable changes to Rotaract and frequently asked questions about them to help clarify the details of these changes.

**Key decisions about Rotaract from the July 2020 Trustees meeting**

In July 2020, the Trustees of The Rotary Foundation made additional decisions related to Rotaract:

- The Trustees will appoint a Rotaractor member of the Rotaract Committee to advise the Trustees on matters related to Rotaract.
- The Trustees will appoint a Trustee liaison to the Rotaract Committee and invite the Rotaract Committee to advise the Trustees directly on matters related to The Rotary Foundation.

In June 2020, the Trustees of The Rotary Foundation made the following decisions about Foundation policy regarding Rotaract:

- Beginning 1 July 2022, Rotaract clubs will be allowed to be either international or host sponsors of global grants, if they have previously partnered with a Rotary club on a global grant.



A Rotaract Club may, but is not required to, set an age limit, if the club (in accordance with its bylaws) gets the approval of its members and, its sponsor club .



**Key decisions about Rotaract from the January 2020 Board Meeting**

In January 2020, the Board of Directors of Rotary International made additional decisions related to Rotaract, based on a survey of Rotaractors:

- o **Rotaract Clubs** will begin paying dues to Rotary International 1 July 2022 . The annual dues will be \$5 per member for university-based clubs and \$8 per member for community-based clubs. The \$50 one-time fee for chartering a new Rotaract club will be eliminated.



**Other Key decisions about Rotaract from the October 2019 Board Meeting**

**Increase the number of reported Rotaractors to 1 million by 2029**



## HISTORY OF ROTARY INTERNATIONAL

The first four Rotarians (from left): Gustavus Loehr, Silvester Schiele, Hiram Shorey, and Paul P. Harris, circa 1905-12.

The first four Rotarians (from left): Gustavus Loehr, Silvester Schiele, Hiram Shorey, and Paul P. Harris, circa 1905-12.

Paul P. Harris, an attorney, wanted to create a professional group with the same friendly spirit he felt in the small towns of his youth. On 23 February 1905, Harris, Gustavus Loehr, Silvester Schiele, and Hiram Shorey gathered at Loehr's office in Room 711 of the Unity Building in downtown Chicago. This was the first Rotary club meeting. They decided to call the new club "Rotary" after the practice of rotating meeting locations.

Within five years clubs had formed across the country, from San Francisco to New York.

In August 1910, Rotarians held their first convention in Chicago. The 16 clubs that existed at that time united to form the National Association of Rotary Clubs.

In 1912, the name changed to International Association of Rotary Clubs to reflect the addition of clubs in other countries. The name Rotary International was adopted in 1922.

By July 1925, Rotary had grown to more than 2,000 clubs and an estimated 108,000 members on six continents.

Rotary's reputation attracted presidents, prime ministers, and a host of other luminaries to its ranks — among them author Thomas Mann, diplomat Carlos P. Romulo, and composer Jean Sibelius.

As Rotary grew, members pooled their resources and used their talents to serve their communities. The organization's dedication to this ideal is best expressed in its motto: Service Above Self.



### NOTABLE ROTARIANS

Rotarians are your neighbors, your community leaders and some of the world's greatest history-makers:

Warren G. Harding, U.S. president  
Jean Sibelius, Finnish composer  
Dr. Charles H. Mayo, co-founder of Mayo Clinic  
Guglielmo Marconi, Italian inventor of the wireless radio and Nobel laureate  
Thomas Mann, German novelist and Nobel laureate  
Friedrich Bergius, German chemist and Nobel laureate  
Admiral Richard E. Byrd, American explorer  
Jan Masaryk, foreign minister of Czechoslovakia  
H.E. Soleiman Frangieh, president of Lebanon  
Dianne Feinstein, U.S. senator  
Manny Pacquiao, Filipino world-champion boxer and congressman  
Richard Lugar, U.S. senator  
Frank Borman, American astronaut  
Edgar A. Guest, American poet and journalist  
Sir Harry Lauder, Scottish entertainer  
Franz Lehár, Austrian composer  
Lennart Nilsson, Swedish photographer  
James Cash Penney, founder of JC Penney Co.

## ROTARY HYMN



I want to be a Rotarian for the world,  
Make the Rotary flag be a flag of peace unfurled;

I will serve my community,  
Help to seek international unity.  
Through Rotary, I will dedicate my all,  
World understanding shall be my cherished goal.

Refrain: With the Four Way Test  
I will pursue my quest  
And if I, in a way help obtain  
Peace in the world  
Then I won't have lived in vain.

I'll observe service above self,  
Lend a hand to all who need my help;  
I'll get my spouse to involve in Rotary  
And in Rotary ways I will train my family.

Refrain: With the Four Way Test  
We'll pursue our quest  
And if we, in a way help obtain  
Peace in the world  
Then we won't have lived in vain.

Build a bridge for tomorrow's youth,  
Strengthened by nothing but the truth;  
Let's join our hands, there's no reason to divide.

We shall all understand, while the good  
Lord is our guide.

Refrain: With the Four Way Test  
We'll pursue our quest  
And if we, in a way help obtain  
Peace in the world  
Then we won't have lived in vain.

Peace be achieved,  
So we won't have lived in vain.



# The Rotary Foundation

**All Time Giving : US \$ 85,697.00 as of September 22, 2020**

## Multiple Paul Harris Fellows ( Active Club Members )

PAG Arnold M. Nicolas,PHF+8	\$ 9,330.02
PAG Glenn A. Pono, PHF+8	9,010.00
PE Mae T. Dalisay,PHF+7	8,800.00
PP Darwin B. Ravelo,PHF+7	8,410.00
PP Ramel A. Lintuan,PHF+4	5,505.00
PAG Jose Alvic P. Suaybagoio,PHF+3	4,610.00
PP Charles Aldwin M. Carpio,PHF+3	4,360.00
PP Antonio R. Inguillo,PHF+2	3,210.00
Revedor R. Pereyras,PHF+2	3,210.02
IPP Neal M. Ararao,PHF+2	3,170.00
PP Jong D. Magat,PHF+2	3,035.03
PP Ronald S. Bordios,PHF+1	2,510.93
PP Michael B. Malbog,PHF+1	2,261.50
PN Andres P. Gentugaya,PHF+1	2,210.00
PP Cock Chang F. Soo,PHF+1	2,096.50
Renie P. Siscon,PHF+1	2,040.00

## Paul Harris Fellows ( Active Club Members )

Philip S. Villanueva,PHF	1,465.00
Artemio Ian D. Palijo III,PHF	1,065.00
Albert L. Ng Sr.	1,010.00
Rommel Gomito	1,000.00

## Rotary Foundation Sustaining Members ( Active Club Members )

Mariou P. Fulo,RFSM	610.00
Jess M. Osorio,RFSM	610.00
Dan A. Bagarra,RFSM	500.50
Mark Anthony Libuangan,RFSM	410.00
Marc Arden Pude,RFSM	410.00
Kevin Ahn,RFSM	400.00
Azmat Hussain,RFSM	235.00
Irvin Dick Emia,RFSM	186.50
Excelsis Deo Baldonado,RFSM	135.00

## Paul Harris Society Members:

PAG Glenn A. Pono	4 yrs
PP Darwin B. Ravelo	4 yrs
PP Ramel A. Lintuan	3 yrs
Albert L. Ng Sr.	1 yr

## Paul Harris Fellows ( Former Members & Donors )

PAG Jim M. Osorio,PHF+4	\$ 5,026.50
PP Joseph Nilo F. Parrenas,PHF+2	3,751.50
PAG Leopoldo Diamante	3,210.00
PP Reynaldo T. Salve	2,700.00
Mr. Philip A. Santiago, Jr.	2,027.00
PP Christopher Donayre	1,967.39
Mr. Alexander C. Cabahug	1,800.00
Dr. Asterio M. Ramiscal	1,610.00
PP Florencio B. Ibanez,Jr.	1,460.00
Mr. Allan L. Templa	1,405.00
PP Marty D. Briguez	1,305.00
Dr. Joel Mendoza	1,261.50
+Benjamin A. Arboso	1,210.00
PP Urbano D. Budtan	1,210.00
Engr. Bartolome A. Navalta	1,205.00
Lorena Lintuan	1,200.00
Mr. Bhagwan Chulani	1,100.00
Mr. Noel Navarro	1,110.00
Mr. Noel Navarro,Jr.	1,055.00
Engr. Gudillo R. Lapay	1,030.00
+PP Jesus Albacite	1,021.74
+Mr. Guy Polome	1,010.00
Mr. Herminigildo B. Apsay	1,005.00
+Atty. Jose T. Amacio	1,000.00
Mr. Hermis Bordios	1,000.00
Odessa Maglana-Carpio	1,000.00
Engr. Roy Castillo	1,000.00
Johann Calvin Pono Chieng	1,000.00
Mr. July A. Claveria	1,000.00
+PP Rogelio E. Israel	1,000.00
Marisa Gomito	1,000.00
Engr. Carlo Lacson	1,000.00
Lorena Lintuan	1,000.00
Ramel Brandon Lintuan	1,000.00
+CP Sing Beng Lee	1,000.00
Engr. Eaco Buen J. Pondoc	1,000.00
Mr. Rey Pangilan	1,000.00
Sweet Dianne Ravelo	1,000.00
Precious Shannel Ravelo	1,000.00
Mrs. Elma D. Ravelo	1,000.00
Mrs. Maricor Soo,RN	1,000.00
PP Rey T. Uy	1,000.00
De Carlo L. Uy	1,000.00
Wendy Ng	1,000.00



# Rotary Club of Tagum North Groupings

## The Quenchers

*Man does not live by soap alone; and hygiene, or even health, is not much good unless you can take a healthy view of it or, better still, feel a healthy indifference to it.*

**Gilbert K. Chesterton**

Renei P. Sicson                      Group Leader

Arnold M. Nicolas

Kevin Ahn

Lyndon Melvi C. Sumiog

Albert Ng, Jr.

Philip S. Villanueva

Marc Pude

## The Mentors

*"Literacy is a bridge from misery to hope."*

— **Kofi Anan**

Charles Aldwin M. Carpio              Group Leader

Darwin B. Ravelo

Ronald S. Bordios

Michael Bryan A. Briones

Joseph B. Low

Jong Magat

Glenn Pono

## The Planters

*"The environment is where we all meet; where we all have a mutual interest; it is the one thing all of us share."*

— **Lady Bird Johnson**

Jose Alvic P. Suaybaguio              Group Leader

Mae T. Dalisay

Dan Bagarra

Irvin Dick Emia

Rommel Gomito

Dexter Consolacion

Revedor Pereyras

Michael Salvador Malbog

## The Peacemakers

*War does not determine who is right - only who is left.*

— **Bertrand Russell**

Ramel A. Lintuan                      Group Leader

Andy P. Gentugaya

Marluo P. Fulo

Tony Inguillo

Mark Libuangan

Cock Chang Soo

Azmat Hussain

Excelses deo Baldonado

Neal M. Ararao

# Rotary



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## **THE FOUR-WAY TEST** of the things we think, say or do

---

- I. Is it the TRUTH?
- II. Is it FAIR to all concerned?
- III. Will it build GOODWILL  
& BETTER FRIENDSHIPS?
- IV. Will it be BENEFICIAL  
to all concerned?





Rotary

# OBJECT OF ROTARY

**The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:**

## **FIRST:**

**The development of acquaintance as an opportunity for service;**

## **SECOND:**

**High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;**

## **THIRD:**

**The application of the ideal of service in each Rotarian's personal, business, and community life;**

## **FOURTH:**

**The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.**

Design and Layout by Robert D. Jones - Rotary Club of

## Monthly Theme / Events

### **August 2020**

Membership and New Club Development Month

### **September 2020**

Basic Education and Literacy Month

### **October 2020**

Economic and Community Development Month

5-11 October — Rotary Alumni Reconnect Week

24 October — World Polio Day

### **November 2020**

Rotary Foundation Month

2-8 November — World Interact Week

### **December 2020**

Disease Prevention and Treatment Month

15 December — Last day for early registration discount for the 2021 Rotary Convention

### **January 2021**

Vocational Service Month

### **February 2021**

Peace and Conflict Prevention/Resolution Month

7-11 February — International Assembly, Orlando, Florida, USA

23 February — Rotary's anniversary

### **March 2021**

Water and Sanitation Month

8-14 March — World Rotaract Week

31 March — Preregistration discount ends for the Rotary International Convention

### **April 2021**

Maternal and Child Health Month

30 April — Rotary International Convention registrations and ticket cancellations are due

### **May 2021**

Youth Service Month

### **June 2021**

Rotary Fellowships Month

11-12 June — Rotaract Preconvention, Taipei, Taiwan

11-12 June — Youth Exchange Officers Preconvention, Taipei, Taiwan

12-16 June — Rotary International Convention, Taipei, Taiwan

30 June — Rotary Citation for Rotary Clubs Award nominations are due

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A look ahead to international events. All dates are tentative.

### **2022**

16-20 January – International Assembly, Orlando, Florida, USA

4-8 June – Rotary International Convention, Houston, Texas, USA



# Rotary Code of Conduct



## As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve Rotary
3. Conduct all my personal, business and professional affairs ethically encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings.
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work of the relief of the special needs of others, and to improve the quality of life in my community.
7. Honor trust that Rotary and other Rotarians provide and not do anything that will bring disfavor or reflect adversely on Rotary or other Rotarians
8. Not seek from a fellow a privilege or advantage not normally accorded others in a business or professional relationship



Rotary:

Rotary International is an international service organization whose stated purpose is to bring together business and professional leaders in order to provide humanitarian service and to advance goodwill and peace around the world. Wikipedia

President: Mark Daniel Maloney (July 2019 - Present)

Motto: Service Above Self

Membership: 1.22 million

Publication: The Rotarian

Founder: Paul P. Harris

Founded: 23 February 1905, Unity Building, Chicago, Illinois, United States



Rotaract originally began as a Rotary International youth program in 1968 at Charlotte North Rotary Club in Charlotte, North Carolina, United States, and has grown into a major Rotary-sponsored organization of over 10,904 clubs spread around the world and 250,792 members in 184 countries. Wikipedia

Motto: Self Development - Fellowship Through Service

Membership: 291,006

Focus: Fellowship and Service

Origins: The Rotary International Family

Founded: 13 March 1968

Headquarters: Evanston, Illinois, United States



Interact clubs bring together young people ages 12-18 to develop leadership skills while discovering the power of Service Above Self. Find out how serious leadership can be seriously fun.

Founder: Rotary International

Founded: 28 October 1962



Rotary Community Corps is a group of people who share our commitment to changing the world through service projects. Rotary Community Corps members plan and carry out projects in their communities and support local Rotary club projects but are not members of a Rotary club

# WHY THE ROTARY YEAR BEGINS 1 JULY?



Ever wonder why the Rotary year begins 1 July? The international convention initially played a key role in determining the start date of our fiscal and administrative year.

Rotary's first fiscal year began the day after the first convention ended, on 18 August 1910. The 1911-12 fiscal year also related to the convention, beginning with the first day of the 1911 convention on 21 August.

At its August 1912 meeting, the Board of Directors ordered an audit of the International Association of Rotary Clubs' finances. The auditors recommended that the organization end its fiscal year on 30 June to give the secretary and treasurer time to prepare a financial statement for the convention and board, and determine the proper number of club delegates to the convention.

The executive committee concurred, and at its April 1913 meeting, designated 30 June as the end of the fiscal year. This also allowed for changes to the schedule for reporting club membership and payments. Even *The Rotarian* changed its volume numbering system to correspond to the fiscal year (beginning with vol. 5, July 1914).

Rotary continued to hold its annual conventions in July or August until 1917. Delegates to the 1916 event in Cincinnati, Ohio, USA, approved a resolution to hold future conventions in June, mainly because of the heat in cities where most of them occurred. The next one was held 17-21 June in Atlanta, Georgia.

The term "Rotary year" has been used to signify Rotary's annual administrative period since at least 1913. An article in *The Rotarian* that July noted, "The Rotary year that is rapidly drawing to a close has been signaled by several highly successful joint meetings of Clubs that are so situated as to assemble together easily and conveniently."

Since the executive committee's decision in 1913, the end of the Rotary year has remained 30 June.

## Mission

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

## Diversity and Rotary

Rotary International recognizes the value of diversity within individual clubs. Rotary encourages clubs to assess those in their communities who are eligible for membership, under existing membership guidelines, and to endeavor to include the appropriate range of individuals in their clubs. A club that reflects its community's diversity with regard to professional and business classifications, gender, age, religion, and ethnicity is a club with the key ingredients to its successful future.





Club of Tagum North  
Club No. 26110, Area 2D, District 3860  
Tagum City, Davao del Norte, Philippines

## ROSTER OF MEMBERS

ROTARY ID	NAME	CLASSIFICATION	SPOUSE	MILESTONES
10653559	Norman Adlawan ,RFSM	Catering Services	Jane	1
10142164	Kevin Ahn,RFSM	Past Service	Malou	2
8721076	Neal M. Ararao,PHF+1	Dentistry Orthodontics	Leslie	7
8537322	Dan A. Bagarra,RFSM	Orthopedic Surgery	Debbie	8
10323897	Excelsis Deo Baldonado,RFSM	Bottle Gas Distribution	Jessa	2
10673853	Michael Bryan A. Briones,RFSM	Sports Equipment Retail	Claire	2
2545425	Ronald S. Bordios,PHF+1	Mobile Phone Retailer		16
6986525	Charles Aldwin M. Carpio,PHF+2	Nursing Service	Odessa	11
10673859	Dexter C. Consolacion,RFSM	Banking Commercial		2
8921443	Mae T. Dalisay,PHF+4	Medicine Pediatric		3
9470314	Irvin Dick Emia,RFSM	Transport Licensing	Nelma	4
9972836	Marlou P. Fulo,RFSM	Financing		3
5983987	Andres Gentugaya,PHF+1	Water Supply and Treatment	Nelly	14
6693871	Rommel Gomito	Engineering Civil	Marissa	New
9972844	Azmat Hussain,RFSM	Auto Sales Used	Dyesebel	3
2057027	Tony Inguillo	Farming	Dafnie	New
10346959	Mark Anthony Libuangan,RFSM	Governmental Relations	Sarah	2
8426668	Ramel A. Lintuan,PHF+3	Gas Services	Lorena	8
10676722	Joseph D. Low,RFSM	Pawnshop Management	Rose	1
3380633	Jong D. Magat,PHF+2	Contractors General	Rhoda	22
6377182	Michael B. Malbog,PHF+1	Cosmetic Surgery	Tweet	15
10653586	Albert L. Ng,Sr., PHF	Plywood Manufacturing	Wendy	1
5912929	Arnold M. Nicolas,PHF+7	Insurance Consultancy		17
10419717	Jess M. Osorio,RFSM	Architecture	Rose	2
8720381	Artemio Ian D. Palijo III,PHF	Engineering Electronics	Tata	7
5881882	Revedor R. Pereyras,PHF+2	Tables & Chairs Rental	Elay	12
6812841	Glenn A. Pono, PHF+8	Adult Pulmonary Medicine		12
10346963	Marc Arden Pude,RFSM	Insurance Non-Life		2
6377179	Darwin B. Ravelo,PHF+6	Heavy Equipments Rental	Elma	15
8720375	Renie P. Siscon,PHF+1	Auto Parts Surplus	Gina	7
1510880	Cock Chang F. Soo,PHF+1	Real Estate - Rentals	Maricor	31
5912917	Jose Alvic P. Suaybaguio,PHF+3	Engineering Sanitary	Aweng	17
8721068	Gedeon Tolentino	Gastro Surgery	Aidee	New
5250782	Philip S. Villanueva,PHF	Computer Retail	Melissa	20

### Honorary Members

10653633	Wendy Ng
2057033	Joseph Nilo F. Parrenas,PHF+2
1907065	PP Jim M. Osorio,PHF+
9341312	Gov. Jayvee Tyron L. Uy,PHF
5250782	PP Rey T. Uy, PHF

### Club Partners:

Rotaract Club of Tagum North-UM Tagum Chapter March 15, 1993  
Rotaarct Club of Tagum North-Palm City Chapter September 19, 2012  
Interact Club of Tagum North-UM High School  
Interact Club of Tagum North-UM Senior High School  
Rotary Community Corp-Imelda

## THE PAST PRESIDENTS AND RI LOGOS



**SING BENG LEE +**  
1988-1989



**ROGELIO ISRAEL +**  
1989-1990



**CRISANTO MANIWANG+**  
1990-1991



**JESUS ALBACITE +**  
1991-1992



**REGINO O. VERGARA +**  
1992-1993



**JIM M. OSORIO**  
1993-1994



**COCK CHANG F. SOO**  
1994-1995



**JOEL RETERBA +**  
1995-1996



**ALBERT NAVALLO**  
1996-1997



**MACARIO BERMUDEZ, II**  
1997-1998



**SAMUEL RAYMUNDO**  
1998-1999



**REY T. UY**  
1999-2000



**JOSEPH NILO F. PARREÑAS**  
2000-2001



**GEORGE SILVOSA**  
2001-2002



**CONRADO D. MAGAT**  
2002-2003



**FLORENCIO I. IBAÑEZ, JR.**  
2003-2004



**LEOPOLDO D. DIAMANTE**  
2004-2005



**MARTELINO D. BRIGUEZ**  
2005-2006



**JOSE ALVIC P. SUAYBAGUIO**  
2006-2007



**REYNALDO T. SALVE**  
2007-2008



**ARNOLD M. NICOLAS**  
2008-2009



**SALDY F. DALISAY+**  
2009-2010



**GLENN A. PONO**  
2010-2011



**ANTONIO R. INGUILLO**  
2011-2012



**Charles Aldwin Carpio**  
2012-2013



**Darwin B. Ravelo**  
2013-2014



**Salvador Michael B. Malbog**  
2014-2015



**Christopher Donayre**  
2017-2018



**Ramel Lintuan**  
2017 - 2018



**Neal Ararao**  
2018 - 2019



**Renie P. Siscon**  
2019-2020



# AVENUES OF SERVICE

The RCTN has continuously lived its zeal to make water as a natural resource accessible to everyone. It all first started with a simple water pump project, which later expanded into a "Spring Water Impounding System" (SWIS) in Magdum, Tagum Davao. In its unending passion to provide potable water for indigent families in the remote barangays of Davao del Norte and Compostela Valley, the "Water For Life" became the Club's Centennial Project. It is a continuing project, which aims to install 100 water pumps these communities. To date, RCTN has installed a total of 81 pumps and one Water Reservoir.

The Club was a recipient of the Rotary Foundation 3-H Grant that provided the opportunity to launch the "Kasama Project" 2002. It has afforded a P240,000.00 soft loan to local residents that help develop and modernize and indigent-family's farm in Asuncion, Davao.

Its commitment to hasten the productivity of the local farming industry, the "Cable-Lift" project in 2004 has provided an ingeniously cable cart system used to transport farmers and convey their produce from one side to another side of the river in Asuncion, Davao del Norte.

Another community development project that RCTN took part includes "Oplan Flip Flops para sa Indigenous People" which provided 148 pairs of slippers in Barangay San Jose, Municipality of Sto. Tomas.

## YOUTH PROJECTS

The RCTN has constantly helped many schools and universities organize the Rotaract and Interact clubs in this received the "Hall of Fame-Outstanding Club" award. The club President during that time was Arnold Nicolas who later garnered the honor of "Hall of Fame-Outstanding President" in RY 1993-94. Another Outstanding President of the club, Karlene Lariosa and Cyril Muring, also became DRR. Recently, the Rotaract Club of Tagum North co-hosted with RC Waling-waling & Pag-Asa Davao during the Mindanao Finals of the Voice of our Youth Impromptu Speaking Contest held at UM Davao City.



## PROMOTION OF INTERNATIONAL UNDERSTANDING AND GOODWILL

The RCTN is acknowledge to have endorsed the most number of sponsored representatives of Zone 2-D to the Group Study Exchange program (D3860). The outbound team members include: Dr. Nanette Perido (Florida, USA in 2000-01), Maricar Zamora Apsay (Canada and USA in 2001-2002), Lorenzo Mendoza (Kentucky, USA 2006-07), Dr. Glenn A. Pono (Virginia, USA in 2007-08), Mr. Stephen Manangan (Washington, USA in 2008-09) and Dr. Alvin Concha (British Columbia, Canada in 2009-2010). Atty. Rucel Cayetano Sydney, Australia 2010-2011.

In 2000, Marjorie Osorio was the RCTN's endorsed delegate who qualified for the Out-Bound ROTEX exchange student, in exchange with In-Bound ROTEX student, in Samantha Gordin of West Palm Beach, Florida, USA.

## THE ROTARY FOUNDATION CONTRIBUTIONS

In 1999, the club achieved a 100% Paul Harris Fellow Rotary Foundation Sustaining Member Club and 2012 the club achieved 100% all Paul Harris Fellow Club. The club is proud to have (12) Multiple Paul Harris Fellows, (32) Paul Harris Fellows and thirty-five (35) Rotary Foundation is one of the Rotary clubs acknowledged by the Rotary Rotarian Every Year (REY) program. Tagum North has stood the test of time, remained strong, vibrant, and proud. The North will continue to dream and reach for greater heights. There is no doubt North is up!

## ENVIRONMENT AND SANITATION PROJECTS

In harmony with the preservation of the countryside environment and natural resources, the club ventured on Mangrove Tree Planting in 1992, project that helps rehabilitate the mangrove forest of Tagum City and its neighboring areas. Through the project grant funded by the WCS from District 2790 Chiba, Japan, the club initiated the program on "Tutok Kubeta" in order to facilitate empowerment and self-reliance in producing locally made water-sealed toilet bowls among the less fortunate families in Davao del Norte and Compostela Valley provinces. To date, the club handed out more than 6,000 units to these areas.



## EDUCATIONAL PROGRAMS AND LITERACY DEVELOPMENT

The club has been supportive in promoting educational and skills development programs in the area. From the initiation of its Scholarship Program in 1999, the RCTN has administered Vocational Course Scholarship grants to at least 140 graduates at the Tagum National Trade School. The program has expanded into giving High School Scholarship grants to 10 students at the St. Augustine High School in 2002. The "Adopt-A-School" Program was commenced in 2008; identifying Rizal Elementary School as its beneficiary.

Its compassion for education its unstoppable as its extended its coverage to 65 learners both out of school youths and young adults at Barangay New Balamban, Tagum City when the Alternative Learning System (ALS) was conceived in 2008.

Since 1998, RCTN helped in the promotion of a reliable livelihood program in Tagum City. The club organized its Basic Skills Training Program promoting Basic Electronics for "Differently-Abled" individuals; Cellular Phone, Radio and TV Repair and Basic Carpentry for the out-of-school youth. The club stretched its program to the women sector by conducting Livelihood Trainings in Meat Processing, Pillow Case and Curtain Making, Cosmetology and Basic Baking in 2008.

## AVENUES OF SERVICE

We channel our commitment to service at home and abroad through five Avenues of Service, which are the foundation of club activity.

- **Club Service** focuses on making clubs strong. A thriving club is anchored by strong relationships and an active membership development plan.
- **Vocational Service** calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society. Learn more in An Introduction to Vocational Service and the Code of Conduct.

Providing avenues of learning started to be the prime commitment in its literacy program. In 1999, the club's generosity was measured when it donated, through the help of the WCS Project, from Chiba, Japan, a Braille Typewriter to the Magugpo Pilot Imelda SPED School. The compassion was contagious when RCTN further initiated and provided a brand new computer unit with printer to the Nueva Fuerza Elementary School and Magugpo Pilot ALS, Tagum City; assorted Math & Physics books for the Pipisan Maug National High School, Tagum City; and a Library, Tagum City. The club also donated P5,000.00 for the "Lakbay Aral para sa mga batang Lumad ng Talaingod".



## COMMUNITY DEVELOPMENT

The club has dedicated numerous innovative services to help develop and improve the conditions of its nearby communities. As a first club project of RCTN in 1988, the construction of the Rotary Landmark structure at the corner of Pioneer and Rizal Streets has repeatedly caught the attention of anybody who comes to visit Tagum City for the first time or just pass by at one of the busiest junctions of the city.

## HEALTH CARE PROGRAMS

The projects dedicated to Community Service brought the club an overwhelming recognition and praise from its neighborhood communities. Since its inception, the RCTN has incessantly conducted innumerable Surgical/ Medical Dental and Optical Missions to the less privileged members of the Tagum community, to the nearby underprivileged prisoners/ parolees, and even to its farthest neighborhood communities in Davao del Norte, Compostela Valley and Agusan del Sur Provinces. The club has established a program on "Botica sa Barangay" in Asuncion, Davao del Norte that helped a total of 26 remote barangays access to cheap but effective medicines.



In 1998, the club proudly launched the "Operation New Look" program. On its 14th year as a continuing project funded by Jerome Foundation, Inc., the program has generously provided sixty-nine (69) free cleft lip and cleft palate surgeries in addition to the previous indigent 600 patients.

"Hot Lunch Plus", a feeding program for malnourished elementary school pupils at the Rizal Elementary School II that was initiated in 1999, is another continuing project of the Club that became the recipient of United Nationals Millennium Development Award given by UNICEF in RY 2006-07. This year the program has extend its services to giving free medical consultation and PPD testing to the undernourished beneficiaries.

In 2001, the RCTN coordinated with the Pediatrics Department of Davao Regional Hospital and the City Government of Tagum City in carrying out the project - "Bantay Dengue Tagum", a dengue awareness and prevention campaign program that curbed the unprecedented and scaring rise of dengue cases in Davao del Norte Province.

The "Renal Care Foundation", another continuing program of the RCTN since 2003 enables indigent patients to avail of hemodialysis treatment at a very low and affordable cost of only PHP500.00 (~US 10.00) per session. Presently, the program is taking care of 15 End-Stage-Kidney Disease patients at the Davao Regional Hospital.

- **Community Service** encourages every Rotarian to find ways to improve the quality of life for people in their communities and to serve the public interest. Learn more in Communities in Action: A Guide to Effective Projects and this Community Service presentation (PPT).

- **International Service** exemplifies our global reach in promoting peace and understanding. We support this service avenue by sponsoring or volunteering on international projects, seeking partners abroad, and more.

- **Youth Service** recognizes the importance of empowering youth and young professionals through leadership development programs such as Rotaract, Interact, Rotary Youth Leadership Awards, and Rotary Youth Exchange.

The RC Tagum North has established its reputation in the district. It has likewise established linkages with other clubs in the local and international Rotary community by forging a Sisterhood Agreement with the Rotary Clubs of Acreage, Florida, USA; Port St. Lucie, Florida, USA; Nilai, Malaysia; Loyola Heights, Quezon City; Downtown Olongapo; Waling-Waling Davao, San Francisco and Pag-Asa Davao. Recently, through the efforts of PP Arnold Nicolas, Tagum North is again expanding its horizon by building bonds of friendship with the Rotary Club of Tomioka, Japan.



The club received a manifold of matching grant projects and assistance from the various sponsoring international sister Rotary clubs of RC of Marine Sunrise, California, USA, and from the RC of Port St. Lucie, Florida, USA. From these sister clubs, the RCTN received two (2) units of Neonatal Incubators and seven (7) units of Hemodialysis Machines which were donated to the Davao Regional Hospital, at tertiary Government Hospital in Tagum City. Through the assistance of the Rotaplan Foundation of the Rotary Club of Novato, California, USA, two (2) patients were successful beneficiaries of the Kidney Transplant Operations at the Davao Regional Hospital.

The club embarked on the Vitamin A Plus Seminar for Mindanao Rotary Clubs. Likewise, activities such as the Free Osteoporosis Screening Program, TB Screening by PPD Mantoux Testing at the Sagop Palad Foundation, Inc., Gloria Christi Regis Centers (homes for street and abandoned children), and at the Rizal Elementary School had been the main focus on disease prevention and management program.

Since 1998, the RCTN actively participated in the Anti-Drug Abuse Program for the youth through information dissemination and awareness campaign in layora and assemblies throughout Davao Region.







TOGETHER, WE

PROMOTE PEACE

Rotary  PEOPLE OF ACTION